

**1: Food favourites**

Fill in the missing words.

We all need ..... and ..... to stay healthy

What is your favourite food?

What does it taste like?

Draw a circle around the taste:

Sweet

Salty

Sour

Write your favourite food in each column.

Fruit	Vegetables	Meat
1.		
2.		
3.		
4.		
5.		

**1: Food favourites**

Choose which of these carbohydrates you like best.

Pasta										
Rice										
Potato										
Noodles										
Bread										

Ask everyone in the class to tell you their results and record them on a chart.

Draw a graph of your results.